



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

Swimming Lessons

An introduction to the joy of swimming and help improving stroke techniques in this fun and educational class.



WINTER 1 SESSION (5 weeks): January 8 - February 10, 2024

REGISTRATION: Members— November 27

Non-members— December 7

PARENT/CHILD - 30 MIN (6 MO - 3 YRS)	MONDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
STAGE A/B WATER DISCOVERY		6:00pm	10:00am		10:00am
PRESCHOOL - 30 MIN (3YRS-KINDERGARTEN)					
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	5:30pm 6:05pm	6:00pm	10:30am		10:35am
STAGE 3 WATER STAMINA	5:30pm		10:30am		10:00am
SCHOOL AGE - 30 MIN (1ST GRADE—12 YRS)					
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	5:30pm 6:05pm	6:35pm			10:00am
STAGE 3 WATER STAMINA	6:05pm				10:35am
STAGE 4 STROKE INTRODUCTION	6:40pm	6:35pm			10:35am
STAGE 5 & 6 STROKE DEVELOPMENT/ MECHANICS	6:40pm				
WATER BEARS SWIM CLUB (7-12 YEARS)					
STAGE 5 & 6 BEGINNER SWIM TEAM		6:30pm		6:30pm	
TEEN/ADULT - 30 MIN (13+ YEARS)					
TEEN/ADULT	7:10pm				11:15am

SCHALMO FAMILY YMCA
 976 S Canal St
 Canal Fulton, OH 44614
 www.ymcastark.org 330 970 0123

Member Pricing: \$ 48

Non-Member Pricing: \$74

Financial Assistance available

Classes are subject to change or be cancelled