



# ERIC SNOW FAMILY YMCA

## GYM SCHEDULE APRIL 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
6:00 AM	Open Gym 5:30-9:00 AM	Open Gym 5:30 AM-8:00 PM	Open Gym 5:30-9:00 AM	Open Gym 5:30am-7:15 PM	Open Gym 5:30-9:00 AM				
7:00 AM							Open Gym 7:00AM-8:00AM		
8:00 AM							Pickleball Open Courts 8:00AM-10:30AM		
9:00 AM	Adult Pick Up Basketball 9:00 AM - 11:30 AM				Adult Pick Up Basketball 9:00 AM - 11:30 AM		Adult Pick Up Basketball 9:00 AM - 11:00 AM		
10:00 AM									
11:00 AM									
12:00 PM	Pickleball Open Courts 11:30am-1:30pm				Pickleball Open Courts 11:30am-1:30pm		Open Gym 11:00AM-5:45 PM	NO OPEN PICKLEBALL ON APRIL 13 DUE TO PICKLEBALL CLINIC	
1:00 PM									
2:00 PM	Open Gym 1:30PM-8:00PM								Open Gym 12:00-6:00 PM
3:00 PM									
4:00 PM			Possible Youth Programming *** 4:30PM-5:30PM		Possible Youth/GotR Programming *** 4:00PM-5:30PM	Possible Youth Programming *** 4:30PM-5:30PM			
5:00 PM									
6:00 PM	ZUMBA* 6:15-7:15 PM		PICKLEBALL LEAGUE 6:00PM-8:00PM	Pickleball Open Courts 6:00PM-8:00PM					
7:00 PM									
8:00 PM									

\*\*Schedule Subject to Change

\*Zumba moved to gym if it is a large class.

\*\*\*Call for gym availability

## GYM RULES

- Gym shoes are required.
- Food, soda, gum, and candy are not allowed in the gym. Only water is permitted.
- No Dunking/hanging on the rims or nets.
- Abusive/Foul language will not be tolerated.
- Nonparticipants are not permitted in gym during classes.