

FOR YOUTH DEVELOPMENT®

FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Swimming Lessons

SUMMER 1(4 WEEKS) SUMMER 2(6 WEEKS)
June 3-June 29, 2024 July8-August 17, 2024

Registration Dates: (registration open for both sessions)

Members: May 13

Non-Members: May 20

PARENT/CHILD - 30 MIN (6 MO - 3 YRS)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
STAGE A & B WATER DISCOVERY\ACLIMATION	6:45PM	10:00AM		10:00AM	9:00AM 9:40AM
PRESCHOOL - 30 MIN (3YRS-KINDERGARTEN)					
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	6:05PM 6:45PM	10:00AM 10:45AM 6:05PM 6:45PM		10:00AM 10:45AM 6:45PM	9:40AM 10:15AM
STAGE 3 WATER STAMINA		10:45AM 6:45PM		10:45AM 6:05PM	
SCHOOL AGE - 30 MIN (1ST GRADE—12 YRS)					
STAGE 1 & 2 WATER ACCLIMATION/MOVEMENT	6:05PM 6:45PM	10:00AM 6:05PM 7:20PM		10:00AM 6:05PM 7:20PM	9:40AM
STAGE 3 WATER STAMINA	6:05PM	10:45AM 7:20PM		6:45PM	9:00AM
STAGE 4 STROKE INTRODUCTION		6:45PM		10:45AM 6:05PM	10:15AM
STAGE 5 & 6 STROKE DEVELOPMENT/MECHANICS		7:20PM		6:45PM	10:15AM
FUTURE PHANTOMS		6:05PM			
TEEN/ADULT - 30 MIN (13+ YEARS)					
TEEN/ADULT				7:20PM	9:00AM

Members: 4 Weeks \$39

6 Weeks \$59

Non-Member: 4 Weeks \$60 6 Weeks \$89